









## The ABLE2 Project Free Education and Training for 16-24 Year Olds

The ABLE2 Project is a programme that aims to support young people with long term physical health conditions into suitable and SUSTAINABLE education, employment or training. On this programme you can gain accredited qualifications as well as CV boosting training and employment opportunities. It is run by Barnet and Southgate College in partnership with the United Colleges Group. It is funded by the Mayor of London and the European Social Fund.

## I'm in! Where do I sign?

The programme is delivered by a team including caseworkers, tutors, mentors and job coaches. Courses include security, with SIA badge included, CSCS (green card), IT and First Aid. If you would rather focus on soft skills our employability staff will support you in all areas of your career development needs, from identifying career goals to referring you for employment and training opportunities.

## **Eligibility**

- Aged 16-24
- Living in London
- Not in education, employment or training
- Physical disability or long-term (physical) health condition

## **Benefits of joining**

Our team will help you discover and find out more, about the industries you could work in.

Develop career goals and new skills for employment.

Gain an understanding of what employers are looking for. Increase your confidence Improve skills in CV writing, searching for jobs and attending interviews.

Be able to progress to further training, an apprenticeship or other employment.

Great! Just contact Dionne, our Project Coordinator, on Dionne.Bailey@cwc.ac.uk, 0208 208 2886 or simply pop into the City of Westminster for an informal chat.

We look forward to hearing from you!